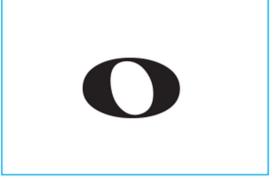
Whole Note = 4 Beats



 Say "whole note" in a forte voice, piano voice, high voice, low voice.



count: 1 - 2 - 3 - 4

whole - note - long - note

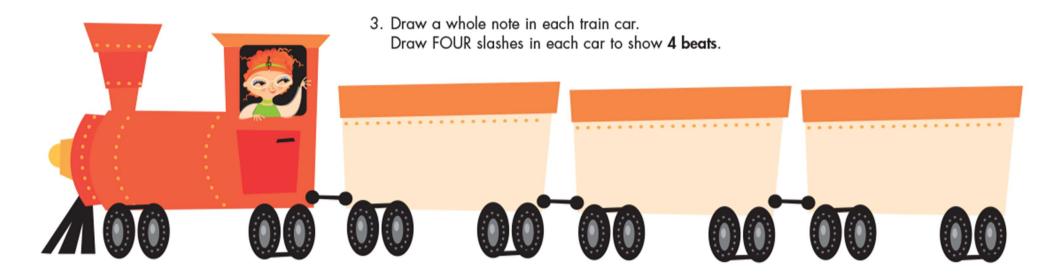


1 - 2 - 3 - 4

whole - note - long - note



 Tap and count aloud forte, then piano. Hold each note for 4 beats.



56